

# Wellways Annual Dog Walk & Lunch



**Mental Health Week**  
**TASMANIA**  
4-12 October

**Join our annual dog walk and lunch during Mental Health Week 2025**

This is a free community event organized by Wellways supporting the mental health of all Tasmanians.

Let's celebrate our four-legged friends. They give us unconditional support and love every day. If you don't own a dog but enjoy being around them, please come along anyway!

**When:**

11am–2pm, Wednesday 8th of October 2025

**Where:**

Royal Park Launceston, 13 Park St, Launceston

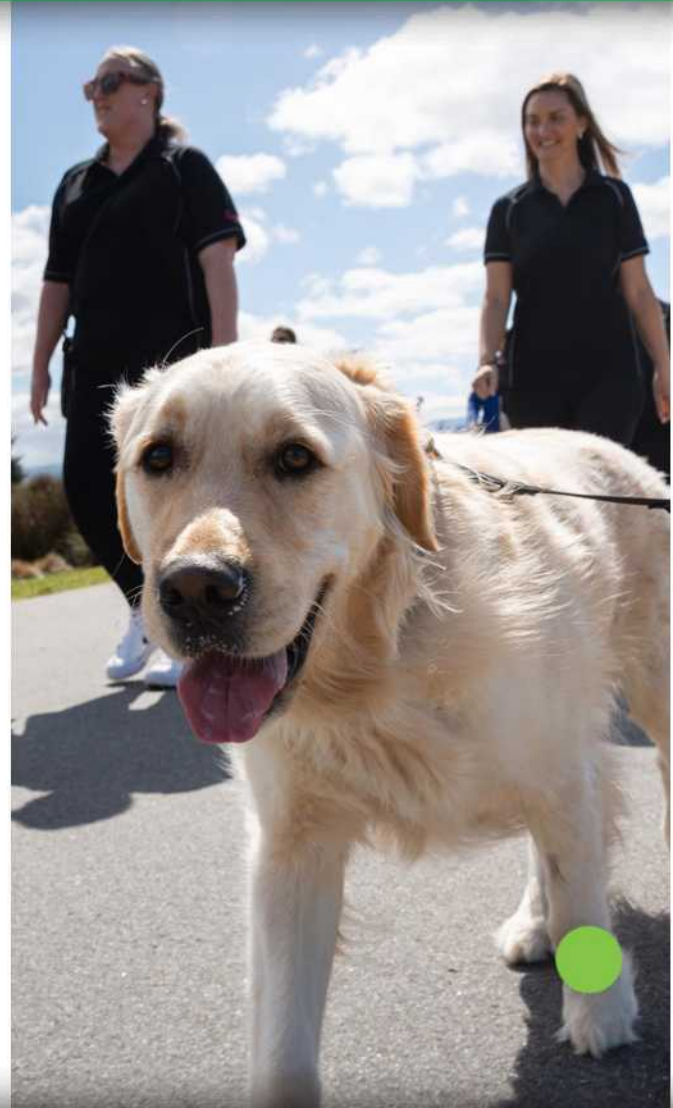
**Cost:** Free

**Registration:**

**Phone:** 03 6333 3103

**Email:** [tasmania@wellways.org](mailto:tasmania@wellways.org)

For the benefit of all, dogs must be always leashed, and your dog is solely your responsibility. Each person must clean up after their dog and deposit waste accordingly.

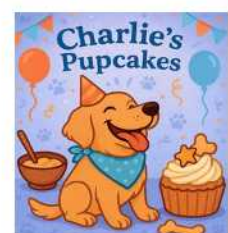


**CORES Australia**  
Community Owned Response to Eliminating Suicide

**wellways**



**medicare**  
Mental Health Centre  
Launceston



[wellways.org](http://wellways.org) | 1300 111 400