



Larmenier Catholic Primary School

term dates

November

- 8 - Learn to swim Gr1&2 (2weeks)
- 11 - Remembrance Day
 - Kinder 2023 Orientation Day 1
 - Gr5 Farm Day
- 18 - Gala Day
 - Kinder 2023 Orientation Day 2
 - Prep & Gr4 Farm Day
- 22 - Kinder - Gr1 Sports Carnival
- 25 - Gr6 Farm Day

December

- 1 - Prep - Gr6 Orientation Day
 - St Patrick's College yr7 2023 Orientation Day
- 2 - Gr6 Big Day Out
- 7 - Leaver's Dinner
- 8 - End of Year Mass, St Peters Church
- 9 - Concert at Door of Hope
- 14 - Last Day of 2022
 - Final Farewell Assembly



Just a reminder to all families that we have an increasing number of children who may suffer from a severe reaction to nuts. We discourage nuts at school and hope families will assist in minimising this risk.



10th November, 2022

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Potatoes, Eggs, and Coffee Beans – a traditional tale

Once upon a time a daughter complained to her father that her life was miserable and that she didn't know how she was going to make it. She was tired of fighting and struggling all the time. It seemed just as one problem was solved, another one soon followed.

Her father, a chef, took her to the kitchen. He filled three pots with water and placed each on a high fire. Once the three pots began to boil, he placed potatoes in one pot, eggs in the second pot, and ground coffee beans in the third pot.

He then let them sit and boil, without saying a word to his daughter. The daughter, moaned and impatiently waited, wondering what he was doing.

After twenty minutes he turned off the burners. He took the potatoes out of the pot and placed them in a bowl. He pulled the boiled eggs out and placed them in a bowl.

He then ladled the coffee out and placed it in a cup. Turning to her he asked. "Daughter, what do you see?"

"Potatoes, eggs, and coffee," she hastily replied.

"Look closer," he said, "and touch the potatoes." She did and noted that they were soft. He then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg. Finally, he asked her to sip the coffee. Its rich aroma brought a smile to her face.

"Father, what does this mean?" she asked.

He then explained that the potatoes, the eggs and coffee beans had each faced the same adversity– the boiling water.

However, each one reacted differently.

The potato went in strong, hard, and unrelenting, but in boiling water, it became soft and weak.

The egg was fragile, with the thin outer shell protecting its liquid interior until it was put in the boiling water. Then the inside of the egg became hard.

However, the ground coffee beans were unique. After they were exposed to the boiling water, they changed the water and created something new.

"Which are you," he asked his daughter. "When adversity knocks on your door, how do you respond? Are you a potato, an egg, or a coffee bean?"

The moral of the story is in life, things happen around us, things happen to us, but the only thing that truly matters is what happens within us. How can we teach this to our children?



Jacqui Lawless
Principal

Drinking Water

Our bodies are made up of approximately 70 percent water. Water has many important functions in the body, including; regulating your body's temperature, digesting food and excreting waste. Your body loses water throughout the day when you sweat, breathe and urinate. It is important to replace the water you have lost to prevent yourself from becoming dehydrated.

Staying hydrated helps children to concentrate, stay on task and learn. Please ensure your child has a named refillable drink bottle each day.

NIJSSA Carnival

Last week over 50 students represent Larmenier at the NIJSSA Carnival. Our children ran, threw and jumped amazingly well. They are understandably proud of their efforts. This Carnival involves Catholic and Independent schools in the Launceston area. We are competing against very large schools so the end result is never representative of our efforts. Congratulations to all our children, we participated so well.

December Dates

Wednesday 7th December – Leavers Dinner
Thursday 8th December – End of Year Mass at St Peters
Friday 9th December – Concert at the Door of Hope
Wednesday 14th December – Last day of the school year and Final Farewell Assembly

Early Years Athletics Carnival (Kinder – Year 1)

On Tuesday the 22nd of November (weather permitting) Kinder, Prep and Year 1 will be participating in an afternoon of fun athletics activities. We call this the Early Years Athletics Carnival. This Carnival is very relaxed. Children move around in stations having many attempts at the activities. There is also a short race (sprint) and long race (a lap around the oval). Our focus is on participation not places.

Parents and families are welcome to join us on the bottom oval, parking at the picnic ground or on Station Road. Children will bring their bags to the Carnival and can be taken home after the Carnival is finished.

Book Fair

Thank you to Tania Freestone and Kim Brooks who have worked hard to bring the Book Fair to Larmenier Library. Thank you to parents who have been able to support the Book Fair this year. Larmenier earns a percentage of the profits which will go directly back into our library, supporting all our children.



Lost Property

There are many items of lost property (uniforms and lunch boxes) that have not been claimed. What is not claimed will be repurposed.

Please encourage your children to look carefully, these items are expensive and need to be looked after.

It is a timely reminder to name all items clearly.

A thought from MJR

Courage is doing the right thing
when everyone around you is doing wrong.

Do you have plans for 2023?

If you have plans to leave Larmenier at the end of the year,
please let us know as soon as possible.

Did you know?

The End of Year activities incorporate everyone.

The **Leavers Dinner** is for our leaving Year 6 students. This is usually held at the Kings Meadows Golf Club. Parents drop excited children at the door and collect them when the fun and dancing is over.

The **End of Year Mass** is for all children and parents and families are welcome to join us. This is a Thanksgiving Mass, where we give thanks for our year. There is a blessing for our Year 6 children at the end of mass. This year we will also be farewelling Father Des from our community.

The **Concert** is for all children from Prep – Year 6. The children spend Term 4 rehearsing for a performance that involves everyone. Younger children have a smaller part (perhaps a class song and the opening and closing pieces) and as children get older their parts become larger. Information is sent home regarding costumes for all children. The show changes every year. It is not usually Christmas based. There is always plenty of room for parents and families to join us. We do not sell tickets. We encourage everyone to come on the day and enjoy the show.

The **Final Farewell Assembly** is to farewell our Year 6 children. It is in this assembly that Year 6 handover the leadership of the school and are presented with a range of awards. Although this is a predominately Year 6 occasion, everyone is welcome to attend.

Grade 5 Camp

We had to get there at 6:15; we needed to load all the luggage before we went. We eventually got onto the bus and I was right at the back, with a bunch of my friends. We stopped at Campbell Town to have some morning tea, then we got back on the bus after we used the restroom.

Before we got anywhere else, we stopped at Margate to have afternoon tea. After a few hours, we made it to the Marine Discovery Centre; first, we went to a classroom where we did things like VR, phytoplankton spotting with microscopes, controlling an underwater drone, and looking at some bioluminescence of marine fauna. Then we went to a touch tank where we got to touch all sorts of things like sea urchins, crustaceans, skates, sharks and other miscellaneous fish.

Then finally, we went on a boat named Penghana to do some tests on the water; acidity (ph), photic depth, salinity and other things. We were able to go underneath the boat into a sleeping area that was very cosy. I eventually got to steer the boat. It was very enjoyable.

We then went back to the cabins and relaxed for a bit; I had some tea and made my bed. We then went back outside and listened for instructions; we had to get ready for the Amazing Race momentarily. For a while I just messed around in my cabin with my friends, Then we got changed for the race.

Then we started the race, some things were very hard to complete; we ended up coming last. Then we went back to the cabins for a little bit, after that we went to the beach and played cricket, touch football and netball. Mr Wynder cooked us some delicious sausages.

Then we went back to our cabins, had a shower, got changed and sat on the couch and watched TV until we had to go to bed. We couldn't sleep because we were constantly laughing; we didn't get to sleep until very late.

We woke up and watched some TV and then went and got some toast for breakfast. We then got ready to go and eventually left. The first stop was Zoodoo which had some cool animals, there wasn't that much though. The second stop was a bakery in Richmond; I had a mince pie.

We then went to the Richmond lolly shop and bought some things. We then continued going back and stopped at Campbell Town again and had some afternoon tea. Then we went back and I went home.

By Rory



living, loving, learning

Athletics Carnival

24th October 2022



Congratulations to Guilford who were named as the winner of the Larmenier Athletics Carnival 2022.
Followed closed by Upton and D'Arcy.
Well done everyone.

Grade 6 visit Hollybank

26th November 2022



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